

A decorative border on the left side of the page, featuring a brown vine with dark brown leaves and small green flowers. The vine is adorned with several stylized white flowers that have grey centers and radiating lines, resembling sunbursts or daisies. The background of the border is a light beige color with a subtle pattern of these white flowers.

*What I do today*

*is important*

*because*

*I am exchanging*

*a day of my life*

*for it*